



P.E Progression Map

Key concepts taught throughout P.E			
<ul style="list-style-type: none"> • Develop practical skills • Be physically confident in a way to support health and fitness • Compete • To be able to think tactically in game situations 			
	Autumn Term	Spring Term	Summer Term
EYFS	Introduction to PE Dance Fundamentals	Ball Skills Gymnastics Dance	Games Fundamentals Dance
Year 1	Playground Games and Target games Dance	Ball skills Sending and receiving Gymnastics	Invasion Games Sports day preparation & training
Year 2	Indoor-Dance Ball skills - Sending and receiving	Netball Invasion games feet- football	Sports day preparation & training Striking and fielding
Year 3	Gymnastics Football Tag Rugby	Dance Netball Kick Ball Rounders	Cricket Athletics
Year 4	Gymnastics Basketball	Dance Tag Rugby	Rounders Athletics
Year 5	Badminton Hockey Football	Gymnastics Netball Tag Rugby	Cricket Athletics
Year 6	Badminton Tag Rugby	Gymnastics Netball Kick Ball Rounders	Golf / Tennis Athletics